



## General Information:

**Essential equipment:** Club colours are royal blue and gold. There is a supply of Portobello trunks, costumes, tracksuits and silicone swim hats available for sale. Please contact April McIntosh (Swim Shop sales: sales@awarecb.co.uk) for information and prices. Goggles, bottle and a swim cap (for girls) are essential. Some coaches would like swimmers to have floats (Kick board), pull buoys, and fins. Don't buy any of these until you move up through the groups, and have spoken to your coach.

**Website:** Most information is now kept on the website [www.swim.portobelloasc.com](http://www.swim.portobelloasc.com)

**Training venues:** Club swimmers train at Portobello High School, Portobello Swim Centre, and Prestonpans.

**Lockers:** It's advisable that you lock your clothes and possessions away when using any of the Swim Centres. Member of the public use these facilities at the same time and PASC can not be held responsible for clothes and possessions being lost or stolen. Lockers require a refundable £1.00.

**Competitions:** PASC enter a variety of meets, from local galas to graded meets for our more able swimmers and onto National events for our top swimmers. For all meets outwith club galas there is an entry fee. The fee per swim varies from £2.50 - £8.00 and is payable by the swimmer. An annual contest is held with Morpeth and we also hold our own Club Champs and other competitions, culminating in a presentation evening in January.

**New members:** Anyone wishing to join the Club should contact Lesley Scott to arrange a trial session. This will usually be arranged for a **Wednesday night** at Portobello Swim Centre from 8-9pm. One further free trial session is available (session times depending on ability). Thereafter payment of one month's fees by cheque (payable to PASC) should be posted to our Treasurers to cover the trial period (1 month). Rates can be found on the attached Standing Order form. The trial is a 2 way process and your child will be advised whether there is a space available at the Club. The Club is full at some levels. If accepted a standing order should be set up to commence for subsequent monthly fees.

**Standing Order:** A standing order form and information regarding subscriptions is enclosed. Please fill in your name and relevant details and hand this to your bank. Payment to reach the Club Bank A/c by the 15<sup>th</sup> of month.

**Annual Membership fee:** An Annual Membership fee applies, the majority of which is to cover the annual SASA membership fee which is compulsory for all members and is due to paid to SASA. The membership runs from 1 March until the last day of February inclusive. A person seeking to become a member/SASA member part way through the membership year shall be required to pay a fee in accordance with the following criteria:

Registering March to Aug incl - 100% of annual fee	Sept to Dec incl - 50% of annual fee	Jan to Feb incl - 25% of annual fee
Annual Membership Fee: £33.00	£16.50	£8.25
we also ask for you to pay at this time a yearly fee to cover our liability insurance and East District affiliation fee.		
<b>Total Fee:</b> £45.00	<b>£22.50</b>	<b>£11.25</b>

**SASA and Club Membership Form:** Please complete the SASA membership and Club Membership form. The SASA fee amount is included in your Annual Membership fee (see above) and will be paid to SASA by the Club. Once we have received your first monthly payment we will post your application to SASA. Please return both forms by post to the Lesley Scott as soon as possible. Cheques should be made payable to PASC. Please do not hesitate to contact Alison Connolly if you have any concerns.